

FAYETTE COUNTY RUNNING CLUB



2019 SUMMER TRACK SERIES

For Pre-K through 8th grade runners of abilities – not limited to Fayette County Residents

- WHERE:** Connersville High School Track and Field Stadium. 1100 Spartan Drive, Connersville IN 47331.
- WHEN:** Wednesday evenings on May 30th, June 6th, 13th, 20th. Championship Meet, June 26th. Registration starts at 6PM. First event starts at 6:30PM.
- ENTRY FEE:** Runners \$30 for series with a 2019 Series t-shirt. Day of entries for regular weekly meets will be \$5 per meet. Championship race entry will be \$10. Shirts will only be provided to pre-registered runners who have paid for the series. *Championship Meet shirts will be on sale for \$10 throughout the series for anyone who wishes to order one – they will be handed out on the Championship meet day.*
- EVENTS:** 25 meter dash, 50 meter dash, 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, and 1600 meter run. NO FIELD EVENTS.
- INFORMATION:** You can find weekly updates, tips, and race results located on my Facebook page, Fayette County Running Club.

REGULAR TRAINING MEETS – Training Meets (May 30th, June 6th, 13th, 20th) within your child’s age group. These meets are designed to introduce your child to Sprinting, Middle Distance Running, and Distance Running. We will have athletes on site to properly warm-up your child and help them with racing strategy if needed. * These events will run on a flowing schedule in the order that they are listed on the sheet. (Rain dates for the weekly meets will be the following Thursday – if that too is rained out, the meet will be cancelled). ***6:00 PM Registration Opens***

AWARDS: 1st – 3rd place awards will be presented on a flowing schedule after each run to both genders. Boys will run before girls in each race.

Week 1: Sprint Week

Sprint Week	DIVISION	DISTANCE
May 29 th 2019	Pre-K (At least 2 yr. old) Kindergarten 1 st & 2 nd 3 rd & 4 th 5 th & 6 th 7 th – 8 th	25 Meter Dash 50 Meter Dash 100 M. Dash 100 M. Dash 200 M. Dash 200 M. Dash

Week 2: Middle Distance Week

Middle Distance Week	DIVISION	DISTANCE
June 5 th 2019	Pre-K (At least 2 yr. old) Kindergarten 1 st & 2 nd 3 rd & 4 th 5 th & 6 th 7 th – 8 th	50 Meter Dash 100 Meter Dash 400 M. Dash 400 M. Dash 800 M. Run 800 M. Run

Week 3: Distance Week

Distance Week	DIVISION	DISTANCE
June 12 th 2019	Pre-K (At least 2 yr. old) Kindergarten 1 st & 2 nd 3 rd & 4 th 5 th & 6 th 7 th – 8 th	100 Meter Dash 200 Meter Dash 800 M. Run 800 M. Run 1600 M. Run 1600 M. Run

Week 4: Mixed Events Week

Mixed Event Week	DIVISION	DISTANCE
June 19 th 2019	Pre-K (At least 2 yr. old) Kindergarten 1 st & 2 nd 3 rd & 4 th 5 th & 6 th 7 th – 8 th	25 Meter Dash 50 Meter Dash 200 M. Dash 200 M. Dash 100 & 400 M. Dash 100 & 400 M. Dash

CHAMPIONSHIP MEET (June 26th) –You may enter up to 2 events of your choosing – with the exception of pre-K. There is no cost for this race if you have paid for the series. If you are a day-of registrant, the cost will be \$10. Timing for this race will be done electronically and all races will be run in heats based on numbers. Boys will run before girls in all races and heats.

5:00 PM Registration Opens
 6:00 PM Pre-K 25 M. Dash
 6:15 PM 100 M Dash Heats
 6:45 PM 800 M Run
 7:10 PM 200 M. Dash Heats
 7:40 PM 1600 M. Run
 8:15 PM 400 M. Dash Heats

AWARDS: Presented to the top 8 in each age group in each race per gender. Medal for 1-2-3 and ribbons 4-8.

NOTE: Rain date for the Championship Series Meet will be Thursday, June 27th.

*Above schedule is approximate. We will attempt to start all events early except for 25 M. Dash.

Series Sponsors: Pizza King & Yaryan Eye Center

All proceeds go directly to the Fayette County Running Club and will be used to fund the 2019-2020 Cross Country Championship Race as well as the Fayette 3K Championship Race.