

# .....THE TROJAN TROT.....

## 5K RUN/WALK SATURDAY, JULY 15TH, 2017 AT 8:30A.M.

START & FINISH AT THE ST. LEON AMERICAN LEGION POST #464



PUT ON BY THE EAST CENTRAL BOYS AND GIRLS CROSS COUNTRY TEAMS  
SECOND LEG OF THE "SIRC" IT SERIES

**DIRECTIONS:** FROM CINCINNATI TAKE I-74 WEST TO INDIANA 1. GO NORTH ON IND 1 TO HWY 46.  
FROM INDIANAPOLIS TAKE I-74 EAST TO INDIANA 1. GO NORTH ON IND. 1 TO HWY 46.  
FROM ALL OTHER POINTS, GET TO IND.1 AND HWY 46.  
FROM IND. 1 & HWY 46 GO WEST ON HWY. 46 ABOUT .7 OF A MILE, TURN RIGHT ON AMERICAN LEGION 464 RD.(JUST BEFORE THE BRIDGE OVER I-74), STAY ON THIS ROAD UNTIL YOU COME TO THE LEGION(ABOUT .8 OF A MILE).

**COURSE:** RELATIVELY FLAT ON ASPHALT.

**ENTRY FEE:** \$12 PRE-REGISTRATION WITHOUT T-SHIRT (POSTMARKED BY JULY 11<sup>TH</sup>) OR \$17 INCLUDES T-SHIRT.  
\$22 RACE DAY REGISTRATION – INCLUDES T- SHIRT (**PERFORMANCE SHIRTS**) OR \$18 WITHOUT SHIRT.

**AGE GROUPS:** MEN & WOMEN RUNNERS: OVERALL. 12 & UNDER, 13-14, 15-16,  
17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 & OVER  
MEN & WOMEN WALKERS: OVERALL, 19 & UNDER, 20-39, 40 & OVER

**AWARDS:** OVERALL MALE & FEMALE PLUS TOP 3 IN EACH RUNNING AGE GROUP.  
OVERALL MALE & FEMALE PLUS TOP 1 IN EACH WALKING AGE GROUP.

**THERE WILL BE DRAWINGS FOR DOOR PRIZES AT THE AWARDS CEREMONY!! MUST BE PRESENT TO WIN!**

### OFFICIAL ENTRY FORM(ONE ENTRY FORM PER PERSON, MAY DUPLICATE ENTRY FORMS)

NAME_____	AGE ON JULY 15 <sup>TH</sup> _____
ADDRESS_____	____MALE ____FEMALE
_____	____RUNNER ____WALKER
PHONE_____	____PRE-REGISTRATION(\$12 W/O SHIRT)
	____PRE-REGISTRATION(\$17 W/ SHIRT)
T-SHIRT CIRCLE ONE YL S M L XL XXL	(MAKE CHECKS PAYABLE TO EAST CENTRAL H.S.)
	____RACE DAY (\$22) INCLUDES SHIRT
	____RACE DAY (\$18) WITHOUT SHIRT

**WAIVER:** IN CONSIDERATION OF ACCEPTANCE OF MY ENTRY, I HEREBY WAIVE, DISCHARGE AND RELEASE ON BEHALF OF MYSELF, MY HEIRS, EXECUTORS,AND ASSIGNEES ALL CLAIMS OF ANY NATURE ARISING FROM PARTICIPATION IN THE TROJAN TROT 5K RUN/WALK, AND DO HEREBY RELEASE STEVE COTHERMAN, EAST CENTRAL CROSS COUNTRY ATHLETES AND PARENTS, EAST CENTRAL HIGH SCHOOL ATHLETIC DEPT., EAST CENTRAL HIGH SCHOOL, SUNMAN-DEARBORN SCHOOL CORP., ST. LEON LEGION POST #464 AND THEIR AFFILIATES, ALL WORKERS, OFFICIALS, AND SPONSORS, AND THE TOWN OF ST. LEON FROM ANY CLAIM WHATSOEVER ARISING FROM MY PARTICIPATION IN THIS EVENT. I AGREE TO ABIDE BY ALL THE RULES FOR PARTICIPATION. I UNDERSTAND THE RISKS INVOLVED IN SUCH A RUN/WALK, AND THAT I AM PHYSICALLY FIT AND HAVE TRAINED ADEQUATELY IN PREPARATION. I ALSO GIVE PERMISSION TO THE TROJAN TROT TO USE ANY PHOTOGRAPHS OR VIDEOS OF ME THAT ARE MADE DURING THIS EVENT.

SIGNATURE OF ENTRANT\_\_\_\_\_ PARENT(IF UNDER 18)\_\_\_\_\_

MAIL ENTRIES TO: STEVE COTHERMAN 968 LINLEY LANE LAWRENCEBURG, IN 47025  
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